



ADULT VACCINATION AWARENESS CAMPAIGN

ADULTS NEED Tdap OR Td VACCINE TO STAY PROTECTED AGAINST TETANUS, DIPHTHERIA AND PERTUSSIS

Periodic “Booster Shots” Help to Protect You, Your Family and Others

REDUCE YOUR RISK

Tetanus, diphtheria and pertussis (“whooping cough”) are serious vaccine-preventable diseases (VPDs) that used to harm large numbers of Americans, and can still be life-threatening.

Thanks to decades of ongoing vaccination, tetanus and diphtheria are rare in the US today. Unfortunately, pertussis cases in our children have started rising. A 2012 outbreak caused nearly 50,000 cases, a number not seen in America since 1955.* The Centers for Disease Control and Prevention (CDC) is calling on all adults to get vaccinated and get their children vaccinated against this highly infectious VPD. CDC emphasizes that health care workers, adults who are around young children, pregnant women in their third trimester, and people travelling to

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DID YOU KNOW?

Protection provided by the tetanus, diphtheria and pertussis vaccine series given during childhood fades over time.

- “Tdap” is a 3-in-1 vaccine protecting against tetanus, diphtheria, and pertussis.
- “Td” is a 2-in-1 vaccine protecting against tetanus and diphtheria.

Adults need the Td vaccine (for tetanus and diphtheria) every 10 years. Adults should also receive a one-time shot of the Tdap vaccine (which adds pertussis protection) in place of one Td shot.**



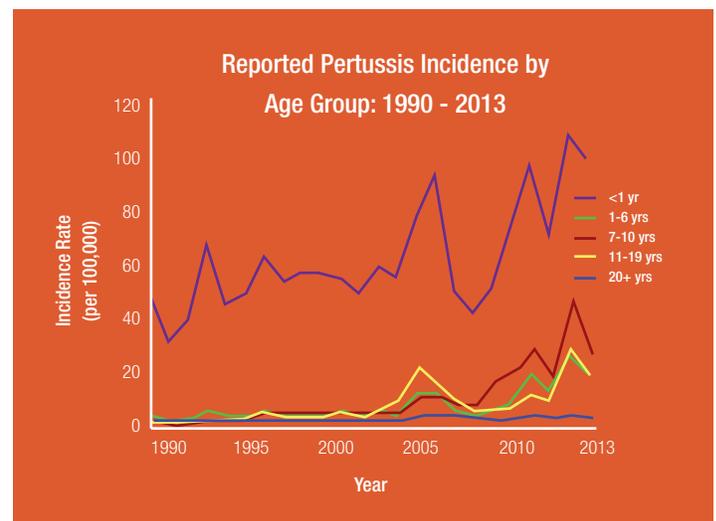
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countries where pertussis is still common should receive Tdap.*** Tdap can be given any time of the year, and can be given with other vaccinations.

The re-emergence of US pertussis cases may be due in part to adults who believe they do not need to vaccinate their children or themselves. The truth is, unvaccinated adults put children at higher risk to contract pertussis. While anyone may contract pertussis, vaccinated people are less likely to get very sick and most vaccinated people will be protected.****

Unlike other VPDs, tetanus does not spread from person to person. The tetanus bacteria are usually found in soil, dust and manure, and enter the body through breaks in the skin — usually cuts or puncture wounds. Severe burns can also raise your risk for tetanus.***** Obviously, construction workers, first responders and others who could get such wounds on the job should stay current on their booster shots.

People may forget when they last got a Td booster, or whether they have ever received the Tdap vaccine. As with any adult vaccine, talk to your doctor to determine when, and whether, you should receive a booster shot.



Source: <http://www.cdc.gov/pertussis/images/incidence-graph-age.jpg>

2012 NATIONAL HEALTH INFORMATION SURVEY: LOW ADULT IMMUNIZATION RATES FOR Td AND Tdap

- Only 60 percent of adults said they got the Td booster in the last 10 years
- Only 16 percent got the Tdap booster to add protection against pertussis
- Adults in homes where young children live reported a higher Tdap vaccination rate of 26 percent
- These rates are far below Healthy People 2020 goals

DON'T WAIT – VACCINATE!

* <http://www.cdc.gov/pertussis/fast-facts.html>
 ** <http://www.cdc.gov/pertussis/about/prevention.html>
 *** <http://www.webmd.com/vaccines/Tdap-vaccine-for-adults>
 **** <http://www.cdc.gov/pertussis/about/faqs.html>
 ***** <http://www.cdc.gov/Features/Tetanus/>

ALL-VAX provides multiemployer funds with tools to help raise awareness about the benefits of adult immunization against vaccine-preventable diseases. Go to www.ALL-VAX.org. ALL-VAX is part of NCCMP's UNITED FOR HEALTHY LIVING CAMPAIGN.

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